

Handwashing Songs!

Tops and Bottoms

(Tune: Frere Jacques)

Tops and Bottoms, Tops and Bottoms, (Rub top and bottom of hands)

In between, In between, (Rub fingers inside on both hands)

All around our hands, All around our hands, (Just like it says)

Then we wash. Bam, Bam, Bam.

Wash, Wash, Wash Your Hands

(To the tune of Row, Row, Row Your Boat):

Wash, wash

Wash your hands

Wash them nice and clean.

Scrub them here (with hand motion scrubbing together)

Scrub them there (with hand motion scrubbing tops of hands)

And scrub them in between (with hand motion scrubbing between fingers).

This is the Way We Wash Our Hands

(To the tune of Mulberry Bush):

This is the way we wash our hands

Wash our hands

Wash our hands

This is the way we wash our hands

Before we eat our food.

Continue with these variations: After we play outside. After we play with pets. After we use the potty. After we sneeze or cough.

Twinkle, twinkle little star

Twinkle, twinkle little star,

Look how clean my two hands are,

Soap and water, wash and scrub,

Get those germs off rub-a-dub,

Twinkle, twinkle little star,

Look how clean my two hands are.

The soap on your hands

(Tune: Wheels on the Bus)

The soap on your hands goes sud, sud, sud.

Sud, sud, sud.

Sud, sud, sud.

The soap on your hands goes sud, sud, sud.

And the germs go down the drain.